



Frequently Asked Questions

It's understandable that patient's will have many questions about VAX-D. It's always wise to investigate all options when it comes to health issues. Below are some of the most commonly asked question that we hear from our patients.

What is VAX-D Genesis and how does it work?

VAX-D is a patented medical technology that gently stretches the spine and decompresses the discs. Pressures in the lower lumbar spine can be as high as 180 mm of mercury during many common daily activities. VAX-D Treatment is able to reduce the pressure in the lumbar spine down to levels of -160 mm of mercury, relieving the pressure on pinched nerves. In short, VAX-D breaks the cycle of pain caused by bulging and degenerated discs and helps the body heal itself.

Patients are treated fully clothed and are fitted with a harness that fits around their pelvis as they lie face down on a motorized Table. A Certified VAX-D technician operates the Table from a computerized console. Each treatment takes about 45 minutes. Most patients find VAX-D to be comfortable, and relief of pain can usually be noticed in the first few sessions.

Will VAX-D help a slipped disc?

A bulging or "herniated" disc is sometimes incorrectly referred to as a "slipped" disc. VAX-D succeeds at treating bulging or herniated discs over 70% of the time.

If I've had back surgery, can I still have VAX-D?

If you have had back surgery that has failed, you may still be a candidate for VAX-D unless you have fixed surgical hardware used to fuse the spine. In fact, a clinical study showed that VAX-D provides relief for patients who have had back surgery.

How many VAX-D treatments will I need, and how quickly can I expect to get better?

The number of treatment sessions required depends upon the diagnosis and the overall severity of your condition. One treatment session is about 45 minutes long. The total number of treatments averages between 15 and 20 sessions. Some difficult cases may require some additional sessions. Relief from pain varies with each individual and their physiology, however, most patients will experience some pain relief within the first few treatments.

What if I have shoulder problems and can't hang on to the handgrips?

Patients with shoulder problems or reduced strength in their arms can now use the new VAX-D Arm Rests. You can now take the treatment with your arms resting comfortably at your sides

Are there any reasons that I can't receive VAX-D treatment?

There are a few individuals who cannot take advantage of this treatment. These people have conditions such as:

LifeSource Chiropractic
1722 Bruce B. Downs Blvd
Wesley Chapel, FL 33544
(813) 929-3700

Tumors

Fractures (broken vertebrae)

Osteoporosis (Reduced bone mass/density)

Pregnancy

or certain conditions (diseases) that compromise the structural integrity of the spine and discs. These conditions are present in only a small percentage of the population.

How much does VAX-D cost, and will my health insurance or Workers' Compensation cover it?

Generally, the cost of VAX-D is about 1/10th the cost of back surgery. You will need to contact your health insurance provider to see if your policy covers the treatment.

If VAX-D works so well, how come I haven't heard more about it?

VAX-D is still a relatively new medical procedure. The therapy has worked for thousands of patients, and over 3000 patients per day are now being treated. The awareness of VAX-D is growing every day, as physicians and healthcare providers learn about VAX-D and the phenomenal results it has achieved in numerous clinical studies. As a result, VAX-D is now becoming the non-surgical standard of care for chronic back and neck pain.

How is VAX-D different from traction or the other treatment claiming to decompress the spine?

Although traction devices can stretch the lower back, they have not demonstrated the ability to decompress the lumbar discs and spinal nerves. Traction tables have an electric winch mounted in a column, or attached at the head of the table. They are easily identified by the simple cable that attaches to the patient's harness. Either static or intermittent traction modes can be chosen, but no other device has been shown to reduce the disc pressure to negative levels. Frequently, VAX-D research is found on traction table websites.

Why should I consider VAX-D Therapy?

VAX-D Medical Technologies discovered and developed non-surgical spinal decompression and it is the only treatment that delivers VAX-D's patented 'logarithmic curve' necessary for spinal decompression.

VAX-D Therapy has been proven safe and effective in numerous clinical studies. Over 3000 patients a day are being treated with VAX-D Therapy. Other so-called 'decompression treatments' simply do not have published clinical studies proving they can lower intradiscal pressure.

VAX-D Therapy is non-invasive and without the risks and complications associated with surgery, injections and anesthesia. VAX-D is painless and patients can remain at light duty work while taking treatment. VAX-D is also easy and convenient. Sessions last about 35-45 minutes a day, for 15 - 20 days. It's that easy.

Choose VAX-D now, because life won't wait!

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